

<u>Agency</u>	<u>Area Code</u> <u>519</u>	<u>Age Range</u>	<u>Services Provided</u>
Access County Community Support	733-8983	Teen - 20	Transitional Youth Support: Housing/Mental health/Advocacy
AIDS Committee	973-0222	14-26	Support/Advocacy/Education
Al-Anon/Alateen	252-8474	10 +	Support Group
Alive! Canada	973-4423	any age	Suicide Education/Prevention
Brentwood Recovery Home - Youth Program	253-2441	7-18	Alcohol/Drug Counselling
BANA	969-2112	9 +	Eating Disorder Counselling
CMHA: Griefworks	255-7440	Child/Youth	Bereavement Counselling
CMHA:	255-7440	14 +	Early Intervention Information/Referral
Can-Am Indian Friendship Centre	919-0572	any age	Aboriginal Services
Children's Health Care Network	948-3961	18 mos-17	Mental Health Treatment
City Centre Health Care	971-0116	All ages	Health care, therapy, health promotion, nutrition
CCAC	1-888-447-4468 x 7328	High School Age	Mental Health/substance abuse Nurses
Community Crisis Centre	973-4435	16 +	Crisis Counselling
Distress Centre	256-5000	any age	Telephone Crisis Support
Drouillard Place - Youth Program	253-2220	13-17	Youth Drop In Centre
Essex County Diversion Program	253-3340	12-17	Legal/Court Concerns
Family Respite Services	972-9688	0-18	Respite Services
Family Service Windsor	256-1831	any age	Counselling
Help Link	252-2313	0-18	Resource Linkage
Hiatus House	252-7781	Child/Youth	Domestic Violence Counselling, Women/children shelter
HIV Care Program	254-6115	any age	Care/Treatment – HIV
House of Shalom Youth Centre	736-6811	Grades 9-12	Peer Support/Recreation

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House of Sophrosyne (Women)	252-2711	16 +	Drug/Alcohol Residential Prog.
Kids Help Phone	1-800-668-6868	4-24	24 Hour Crisis/Support Line
Leone Residence	256-5274	11-17	Residential Treatment
Maryvale Adolescent and Family Services	258-0484	11-17	Residential & Treatment, Adol. Inpatient mental health beds
John Howard Society - Youth Program	252-3461	10 +	Anger Management
New Beginnings	971-0973	12-18	Open Custody Services
Ontario Ministry of Children & Youth Services	254-6205	12-17	Youth Probation Services
Sandwich Teen Action Group	254-6999	13-19	Community Youth Centre
Sexual Assault Crisis Centre	253-3100	0-13 & 13 +	Counselling
Sexual Assault Treatment Centre	255-2234	Any age	Medical Treatment
Shalom Counselling Services	326-3778	6-23	Counselling
The Inn	252-7768	13-24	Residential Treatment
Unemployed Help Centre	944-4900	any age	Coats for Kids
Windsor Essex CAS	252-1171	0-16	Child Protection Services
YMCA - Youth Culture	776.7305	12-18	Art Therapy
YMCA - Youth Gambling	256-7330 ext 238	8-24	Prevention/Education
W-E Community Health Centre – Street Health (Teen Health Centre)	997-2824 253-8481	All ages	Health Care, support for homelessness, at risk of homelessness Health/mental health/counselling
Windsor Essex County Health Unit	258-2146	0-19	Various Health Programs
Windsor Social Services - Ontario Works	255-5200	16 +	Financial Assistance
Windsor Regional Children's Centre	257-5215	6-17	Crisis & Residential Services
Windsor Pride	973-4656	Youth +	Support/Education/Resources

Connex Ontario Health Services Information:

Free Confidential Referral Information

Mental Health Line: 1-866-531-2600

Gambling Help Line: 1-888-230-3505

And Drugs or Alcohol Help Line: 1-800-565-8603

Call 211 “when you don’t know where to turn”

or visit: <http://windsorsex.cioc.ca>

Web Sources and Resources

- www.matrix.accesscounty.ca
- www.cmha.ca/highschool
- www.mindyourmind.ca
- www.kidshelpphone.ca
- www.cmha.ca
- www.wechc.org (teen health/street health)
- www.camimh.ca
- www.kidsmentalhealth.ca
- www.werkidsmentalhealth.ca
- www.camh.net/education
- www.connexontario.ca/help
- www.mentalhealthcommission.ca
- www.windsorpride.com
- www.alivecanada.com education/prevention/links to crisis supports

Resources For Youth



Canadian Mental Health Association
Windsor-Essex County Branch



519-255-7440

www.cmha-wecb.on.ca